



WHAT TO BRING TO CAMP

- Bedding (either a sleeping bag/pillow; or sheets, pillow, and blanket)
- Flashlight with fresh batteries
- Bible, notebook, pen/pencil
- Water bottle (dehydration prevention; 20 oz w/ sport top works well - purchase with water and reuse)
- Rain gear
- Warm sweater or jacket
- Long pants (at least one pair of jeans; helps protect against poison ivy on a few specific hikes)
- Swim suit and extra towel
- Toilet articles (soap, towels, and anything else needed to remain healthy, & socially acceptable)
- Shorts, shirts, informal summer wear
- At least two pair of shoes / athletic footwear for hiking, casual wear, including socks (they get wet and cause blisters on feet)
- River shoes, water shoes, or old tennis shoes for tubing, canoeing, river hikes, etc. (these shoes need to offer some foot protection, and therefore should be more substantial than flip-flops / shower shoes)
- Underwear
- Clothing bag for dirty clothes
- Bug repellent (avoid aerosol, which can be safety issue)
- Spending money for store snacks and MISSION OFFERING
- Camera - digital / traditional - (optional) to share special moments with friends, family, and camp

ADDITIONAL ITEMS FOR OUTPOST CAMPERS

Campers registering for an outpost camp (Junior Explorers, Middle High Outpost [Caving], Senior High Adventure) should also bring the following:

- Sleeping bag for bedding with pillow
- Bed padding (foam, thermarest, etc. / for sanitation reasons, camp no longer provides sleeping pads at A-frames)
- Mess kit with cup and utensils (devise a way to identify)
- Water bottle (very important for outpost and trips)
- Day pack and/or backpack can be helpful



ADDITIONAL ITEMS FOR OUTPOST/CAVING CAMPERS

- ___ One pair old clothes for cave trip; Mom may not want to see these again. (long jeans, long sleeve shirt)
- ___ Outpost and/or work campers may receive additional information from respective program directors prior to camp.

COMMUNICATIONS

LETTERS:

For letters to campers, please use:

[Campers Name]

Johns River Valley Camp

6211 Hwy 90

Collettsville, NC 28611

CALLS:

Campers should not receive or make calls except in cases of emergency. We have generally found that phone calls make dealing with homesickness more difficult. If you receive a communication of concern from your child, please first contact director to formulate a team strategy.